

DIMENSIONS OF IDENTITY

Consider the following dimensions of diversity:

- Gender/Gender Identity
- Race
- Ethnicity
- Socioeconomic Background
- Current Socioeconomic Status
- Age
- Religion/Spirituality
- Sexual Orientation
- Education
- Physical functioning
- Language
- Geography/Region¹
- Job Status²
- Country of origin
- Marital status
- Military status
- Other - specify

Fill in the circles on the next page with information as you see and understand yourself. Note that people may or may not perceive these dimensions of your identity. **Feel free to omit anything that you do not want to share with others.**

- Place in the center circle those dimensions of diversity that are part of your identity and are central to your self-definition and self-concept. Be specific (e.g., “woman” rather than “gender”)
- Place in the middle circle those dimensions of diversity that are part of your identity and are important to you, but not the first thing you think of or lead with to make sense of your experience or introduce yourself to others.
- Place in the outer circle those dimensions of diversity that are part of your identity and are true, but are aspects of identity that you rarely think about or mention. Include dimensions of diversity that others might notice about you.

¹ e.g., urban/rural/suburban; region of the country, etc

² e.g., white/blue collar; professional/administrative/technical/clinical; management/labor, etc.

